



**IMPACT**  
PLANTS & CAFÉ

## Lunch Menu

### Breads

<b>Bruschetta</b> - toasted sourdough with tomato and Spanish onion, basil, Kalamata olives and Danish fetta. (V)	<b>17.50</b>
<b>Impact Garlic Bread</b> - sourdough lightly toasted with herb and garlic butter.	<b>7.95</b>
<b>Pesto and Parmesan Bread</b> – Turkish toast with pesto and shaved parmesan.	<b>7.95</b>
<b>Toasted Bread</b> – with a duo of house made dips.	<b>13.50</b>

### Mains

<b>Fish of the Day</b> – see daily specials board.	<b>29.50</b>
<b>Mediterranean Lamb Salad</b> – harissa lamb with roasted sweet potato, heirloom tomatoes, Spanish onion, cucumber and mixed leaves with a mint and fetta pesto. (GF)	<b>29.50</b>
<b>Duck a l'orange</b> – roast duck Marylands, chat potatoes and steamed greens with an orange infused jus. (GF)	<b>29.50</b>
<b>Prawn and Chorizo Linguine</b> – in smokey romesco sauce topped with rocket and parmesan dust.	<b>29.50</b>
<b>Grilled Chicken Breast</b> – with pancetta on creamy mashed potato and a medley of roast vegetables topped with Béarnaise sauce. (GF)	<b>26.50</b>
<b>Mexican Chicken Tacos</b> – cucumber and snow pea slaw, sour cream, guacamole and a sweet pimento glaze.	<b>22.50</b>
<b>Steak Sandwich</b> – scotch fillet, caramelised onion, pickled beetroot, tomato and lettuce with mustard aioli on toasted Turkish bread roll.	<b>22.50</b>
<b>Roast Beetroot Salad</b> – with marinated fetta, rocket and walnuts topped with a balsamic vinaigrette. (GF) (V)	<b>19.95</b>
<b>Vegetarian Frittata</b> – with house chilli jam and a garden salad. (GF) (V)	<b>19.95</b>
<b>Haloumi Salad</b> – heirloom tomatoes, avocado, cucumber and Spanish onion with a house dressing. (GF) (V)	<b>19.95</b>
<b>Gluten Free</b> bread is available as a substitute for any of the other breads.	<b>2.50</b>

(V) Vegetarian (GF) Gluten free

GST included in all prices

You are welcome to bring your own cake and or alcohol, we charge \$10 per cake and \$2.00 per head corkage.  
Our café is closed public holidays, Mondays and Tuesdays.